

## PORCELAIN FACE SPA PROIONIC FACIAL: TAUT & DEFINED IN 75 MINS

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Fact: Part of the aging process includes the loss of collagen and elastin (see [here](#) and [here](#)). Collagen and elastin are the fundamental building blocks of healthy skin. If you look at the skin of a 5-year-old child and then compare it with the skin of a 45-year-old, you'll see the difference – lines, wrinkles and a gradual sagginess in the skin of the older individual. That's from the loss of collagen and elastin.

There are treatments outside of a dermatologist's office that can slowly stimulate the body's natural production of collagen and elastin. Radio-frequency treatments are helping do so comfortably without any fuss or pain. The latest facial I had was **Porcelain Face Spa's Proionic Facial**. The star of the treatment is the [Indiba Proionic](#) machine.

The premise is simple: It uses high frequency currents to raise the internal temperature of your skin tissues. This heat energy stimulates tightens the skin and stimulates the production of collagen. But like everything in life, balance is key. You don't want too much heat. The Indiba Machine uses a patented mode at a 448kHz frequency to create an ionic chain reaction inside the skin tissues. The energy and heat delivers circulation and oxygenates the tissues, draining and eliminating impurities. It also increases elasticity, reduces fibrosis and improves cell metabolism.

This technology has been used to years to help rehabilitate athletes after injury and now, it is used on the face and body to great effect. The facial itself is a breeze. It's like a prolonged warm facial massage but the effects are worth writing about. My skin looked and felt tighter and my jawline had a slimmer contour. This was just after one session. So I can only imagine the brilliant cumulative effects of a series of 6 recommended sessions.

The [Indiba Proionic Facial](#) is available for S\$180 (for first-time customers) at Porcelain Face Spa.